

The FUUSN Over 60s is delighted to sponsor a September presentation by Sandra Bertman, Ph.D for our whole congregation through Zoom:

## Why Arts and Humanities:

### The Healing Power of Hope, Humor and Grief

Monday, September 14, 2020 from 4 to 5:30 pm.

Zoom link available the day before and day of the presentation.

**Please Register: Registration Closed**



*Science may give us the tools for curing,  
but the arts give us the tools for caring.*

Since the beginning of time the arts have always been indispensable voices for both protest and solace of trauma. In every era artists—be they poets, dancers, musicians, sculptors, painters, cartoonists, filmmakers—have crafted in various forms or media, their responses to tragic events. Each of us needs periodic re-inspiration to invigorate our imaginations and souls. A painting, poem, lyric or cartoon may be just the prod to shake us out of the ruts of ordinary perception to approach suffering and the unbearable in fresh and strangely bracing ways.

This presentation demonstrates how the arts and humanities challenge, instruct and support us in our endeavor to stay present with another's suffering, and to better understand our own. Hopefully as we laugh, cry and most importantly connect—albeit virtually—our humanity is affirmed as our heads and hearts are resuscitated. Participants will be invited to reflect, share experiences and discuss. Further resource materials also will also be available upon request.

**Presented by; Sandra Bertman**, PhD, FT, LCSW Educational Consultant, Thanatology & Arts Good Shepherd Community Care, Newton, MA  
Sponsor: Mass Humanities, National Endowment for the Arts

**Brief Bio:**

Sandra Bertman is a thanatologist who pioneered applied arts and humanities in clinical, academic and public settings. For most of her career she was Professor of Humanities in Medicine at UMass Medical and Graduate Schools of Nursing where she founded Programs of Medical Humanities, Arts and Ethics in Healthcare. Among her publications are two classic handbooks *Facing Death: Images, Insights Interventions* and *Grief and the Healing Arts: Creativity as Therapy*. Recent honors include lifetime achievement awards from the Global Alliance for Arts & Health, the International Workgroup on Death, Dying and Bereavement, and the Association for Behavioral Science and Medical Education.