

## About the Presenter

Dr. Sandra Bertman is an educator and grief counselor, recipient of the outstanding Death Educator's award from both the Association of Death Education and Counseling and the National Center for Death Education. She was also honored by the University of Massachusetts for Distinguished Professional and Public Service, by the American Academy of Hospice and Palliative Medicine, and by Sigma Theta Tau, the International Nursing Honor Society. Currently she is a Distinguished Professor of Thanatology and Arts at NCDE, Mount Ida College and holds adjunct appointments at Dartmouth Medical School and Nova University.

Dr. Bertman's publication and media credits include the classic handbooks *Facing Death Images, Insights and Interventions*, and *Grief and the Healing Arts: Creativity as Therapy*, the film *Dying*, and the United Press International award winning radio show *Sing a Song of Dying*.

Dr. Bertman's expertise is in stimulating the therapeutic imaginations of clinicians in clinical and academic settings through illustrated and provocative lecture presentations and workshops. She uses visual and creative arts, literature, spiritual values and cultural beliefs as her framework.

**Register early. Seating is limited.**

There is no cost to attend this program.  
However, pre-registration is required by Apr. 14th

### Registration Form

Grief Dynamics: The Power of Hope and Human Connection  
Dr. Sandra Bertman

ASU- Convocation Center  
Apr. 24, 2008  
Jonesboro, AR

Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Organization: \_\_\_\_\_

### Return completed form to:

**Arkansas State University  
College of Nursing & Health Professions  
PO Box 910  
State University, AR 72467-0910**

**Register early. Seating is limited.**

### For more information contact:

**Dr. Susan Hanrahan  
Phone: 870-972-3112  
Fax: 870-972-2040**

or

**June Morse  
Phone: 870-934-5214**

College of Nursing & Health Professions &  
NEA Clinic Charitable Foundation-HopeCircle,

Present:

## Grief Dynamics: the Power of Hope and Human Connection



ASU- Convocation Center

April 24, 2008  
9:00 am – 3:00 pm  
Lunch provided

### Program Sponsors

Emerson Funeral Home  
NEA Clinic  
NEA Baptist Memorial Hospital  
ASU- College of Nursing & Health Professions  
NEA Clinic Charitable Foundation-HopeCircle

## Purpose

This inspiring one-day workshop will enhance participants' sensitivity and skills related to caring for dying and grieving persons prior to as well as after a death has occurred. Dr. Bertman will also explore compassion fatigue and clinician burnout. Come join us as we learn more about the healing paradoxes of autonomy, hope, grief and death.

## Objectives

Upon completion of this workshop the participant should be able to:

- Explain the shifting paradigms in theories of grief.
- Identify the essential components of therapeutic competency.
- Describe the current hallmarks of hospice and palliative care.
- Apply tools and techniques experienced today in your own clinical and academic settings, and in your personal lives.
- Evaluate the arts and humanities as both professional and personal resources.

## Agenda

Your participation in this workshop will enhance your ability to understand and recognize the healing power of hope, grief and human connection. Among the content areas to be explored and discussed are the following:

- Update on grief theory and dual-process models.
- Introduction to the concepts of wounded healer, soul-pain, competencies (narrative, cultural, aesthetic, therapeutic) and professionalism.
- Why "aggressive" palliative care.
- Visual (case) study and visual poetry techniques. "See one. Do one. Teach one."
- Religion vs. spirituality, transcendence, and symbolic immortalities.
- Why the arts are the universal language.
- Defining the "good" death.

## Who Should Attend

This seminar is designed for: Physicians, Nurses, Social Workers, Rehab Professionals, Counselors, Educators, Funeral Home Personnel, Psychologists, Hospice Personnel, Clergy, Chaplains, Lay Ministers, and others who need a better understanding of the grief process.

### Directions to Convocation Center

From US 63, turn onto Stadium Blvd. Stay on Stadium Blvd until you reach Aggie. Turn left onto Aggie. Make a right onto Olympic Drive. When you come to the stop sign, you will see two large buildings to your left. The 2<sup>nd</sup> one is the Convocation Center.  
From US 49 North (Stadium Blvd) Stay on Stadium Blvd until you reach Aggie. Turn right onto Aggie. Make a right onto Olympic Drive. When you come to the stop sign, you will see two large buildings to your left. The 2<sup>nd</sup> one is the Convocation Center.

### Continuing Education

*Nurses – 4.5 contact hours*

*Physical Therapist/Assistant – 4.5 contact hours*

*Social Work – 4.5 contact hours*

*Counselors – 4.5 contact hours*