

About the Presenter

Dr. Sandra Bertman is an educator and grief counselor, recipient of the outstanding Death Educator's award from both the Association of Death Education and Counseling and the National Center for Death Education. She was also honored by the University of Massachusetts for Distinguished Professional and Public Service, by the American Academy of Hospice and Palliative Medicine, and by Sigma Theta Tau, the International Nursing Honor Society. Currently she is a Distinguished Professor of Thanatology and Arts at NCDE, Mount Ida College and holds adjunct appointments at Dartmouth Medical School and Nova University.

Dr. Bertman's publication and media credits include the classic handbooks *Facing Death Images, Insights and Interventions*, and *Grief and the Healing Arts: Creativity as Therapy*, the film *Dying*, and the United Press International award winning radio show *Sing a Song of Dying*.

Dr. Bertman's expertise is in stimulating the therapeutic imaginations of clinicians in clinical and academic settings through illustrated and provocative lecture presentations and workshops. She uses visual and creative arts, literature, spiritual values and cultural beliefs as her framework.

Register early. Seating is limited.

There is no cost to attend this program.
However, pre-registration is required by March 30th

Registration Form

Grief Dynamics II: Dying and Its Aftermath
Dr. Sandra Bertman

ASU- Student Union Auditorium
Apr. 7, 2009
Jonesboro, AR

Name: _____

Occupation: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

Organization: _____

Return completed form to:

**Arkansas State University – Jonesboro
College of Nursing & Health Professions
PO Box 910
State University, AR 72467-0910**

Register early. Seating is limited.

For more information contact:

**Dr. Susan Hanrahan
Phone: 870-972-3112
Fax: 870-972-2040**

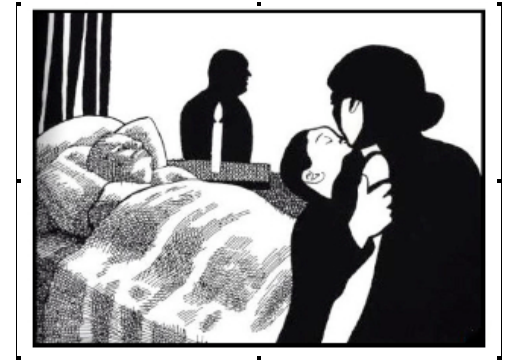
or

**June Morse
Phone: 870-934-5214**

College of Nursing & Health Professions &
NEA Clinic Charitable Foundation's HopeCircle

Present:

Grief Dynamics II: Dying and Its Aftermath



ASU- Student Union Auditorium

April 7, 2009
9:00 am – 12:30 pm

Program Sponsors

Emerson Funeral Home
ASU College of Nursing & Health
Professions
NEA Clinic Charitable Foundation's
HopeCircle

Purpose

This inspiring half-day workshop will enhance participants' sensitivity and skills related to caring for the dying and those who grieve. Dr. Bertman will explore compassion fatigue and clinician burnout. Come join us as we learn more about the healing paradoxes of autonomy, hope, grief and death.

Objectives

Upon completion of this workshop the participant will be able to:

- Discuss key concepts in the field of loss and bereavement.
- Identify adaptive and maladaptive coping styles.
- Acquire two practical strategies for introducing discussions of patient and family members' fears and hopes regarding care at the end of life and bereavement.
- Access new resources for reflective practice and renewal.

Agenda

For even the most seasoned clinicians, insights from the arts and humanities are antidotes to burnout and compassion fatigue, sparking reconnection to the creativity, renewal, and joy in one's chosen work. This workshop will demonstrate how the arts challenge, instruct, and literally buttress us in our endeavor to stay present with another's suffering and to better understand our own. We will:

- Learn the basics of and synergy between narrative, aesthetic and therapeutic competencies
- Experience the way a close reading of a visual or verbal image and by extension other works of literature and pop-culture yield unthreatening approaches to helping patients and their families take fresh looks at their stories
- Explore techniques for reinforcing resilience with examples and tips you can start using immediately
- Leave the session with a tool-kit of resources and strategies for self-care

Who Should Attend

This seminar is designed for: Physicians, Nurses, Social Workers, Rehab Professionals, Counselors, Educators, Funeral Home Personnel, Psychologists, Hospice Personnel, Clergy, Chaplains, Lay Ministers, and others who need a better understanding of the grief process.

Directions to Student Union

From US 63, turn onto Stadium Blvd. Stay on Stadium Blvd until you reach Aggie. Turn left onto Aggie. At the 4 way stop proceed straight. At the 2nd stop sign you will be facing the Student Union. Take a right onto Caraway Rd, parking garage is on your left.
From US 49 North (Stadium Blvd) Stay on Stadium Blvd until you reach Aggie. Turn right onto Aggie. At the 4 way stop proceed straight. At the 2nd stop sign you will be facing the Student Union. Take a right onto Caraway Rd, parking garage is on your left.
For a detailed map, go to www.astate.edu.

Continuing Education:

Nurses – 3 contact hours

School of Nursing Arkansas State University is an approved provider of continuing nursing education by Arkansas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Social Work – 3.5 contact hours

CEUs for other health disciplines are pending approval.